This year we commemorated our very first Young Hearts Day with a summer Tymes Trust Tea at the House of Lords with our friends at Nisai Learning. Among many Awards, Terry Waite presented Young Hearts Certificates to schools who have helped children with ME, chosen by our members. Do you know a school who deserves one? The room was packed: families, supporters, guests, volunteers and eminent personages!

We’ve saved up the photos till now as a window on the day. Despite the pain and struggle that ME brings to each family it touches, the afternoon was very happy, demonstrating the fellowship between parents, children, and all those who support them. ME is a cruelly isolating illness. We thought of all our absent friends.

We’re also featuring the artwork you have created out of the colouring cards we send you from time to time. We really enjoy receiving them.

NOW THEN, TO BUSINESS! Mr Harley’s prezzie time. I have collected a big chest of cosy, comforting fleece throws. Would you like one? Or a minibear instead? Just email me on the Contact Us form at www.tymestrust.org.

Keith Harley
Chair of Trustees
Tymes Trust’s Young Hearts Day
29th November 2018

Tymes Trust Young Officers
Isla and Amy wrote our Young Hearts Day cards this year. We sent them with a little gift to children whose parents had requested one. This was a special service for members this time. Amy posted her Young Hearts Day candle on social media. She wrote: “This candle has been lit today to remember all of the young people who suffer from ME. A light permeating the shadows where the forgotten children in society live.” Many kind supporters tweeted their candles. So did we. Is yours here?
Suzie Henson-Amphlett said on Facebook: TYMES Trust have been our rock! Today my thoughts are with all the incredible children and youngsters and their parents like ourself and also the amazing TYMES TRUST TEAM. Love and Hope X
Your Artwork

We love to see your artistic interpretations of the designs on our postcards. Art Certificates and prizes waiting! Family and friends can help if you’re too ill to finish it on your own.

India (14)

Victoria-Mae (15)
Heather (19)

Lucy (15)

Sam (25+)

House of Lords
Afternoon Tea And Presentations

An event to give Awards to young people and recognise those who support them. A moment of poignancy recalling young Jade Scarrott, who inspired Young Hearts before her tragic accident. Young Hearts Day is her legacy.

Karen Scarrott, mum of Jade, receives a Waterford Crystal Heart from Terry Waite

Our Host, Lord Clement-Jones CBE

Hereward House School
Headteacher
Pascal Evans
and teacher
Nick Arnold
receiving a Young Hearts Award for longstanding support of Tymes Trust and children with ME
Copies of Young Hearts are available from the Trust at £7.95 inc p&p

Copies of Young Hearts are available from the Trust at £7.95 inc p&p

Terry Waite CBE and Jane Colby present Dhruv Patel, CEO of Nisai Learning, with his big surprise! A Young Hearts Award for transforming lives through education and his online learning community.

Teacher Lee Cornwall of the Richmond upon Thames School accepting a Young Hearts Award, nominated by Jessica and the Quilliam family.

Suzie represents Tymes Trust at the Forward ME Group; here with her daughter Jade.

With Jane: Jayjay and Alexander Newley, son of Joan Collins.

Dr Charles Shepherd and Pamela.

The Hoosiers, Gordon Radley, Jayjay Epega, Alexander Newley.
Thank you so much to everyone who has donated to support the work of the Trust. For those considering it, be reassured: we never put you on a list to ask you for more!

Isabel Hatherell presented a Tymes Trust award to Darwen Aldridge Enterprise Studio; Mum Lucy said “We are so grateful for everything that you have all done for Isabel”

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Joint Parent and Child membership available
Register at www.tymestrust.org
Registered Charity 1080985