

Vision



The first biomedical research into ME in children and young people, co-funded by The Young ME Sufferers Trust, will be published this year. It proves the organic nature of ME in children. The findings are an important milestone; you will want to inform your family, GP and school, so to receive details as soon as they are released, make sure you are registered for our email Alerts.



An associated study confirms that most children with ME need education in their homes, something our Executive Director Jane Colby, a former headteacher, has campaigned on for years.

On ME Awareness Day, May 12th, in the House of Lords, we celebrate the remarkable educational commitment and achievements of young people with ME through our partnership with the Nisai Virtual Academy. Together, we have been working to meet the educational needs of students with ME, and to develop new services. A joint campaign for much needed examination centres is also being launched at the special

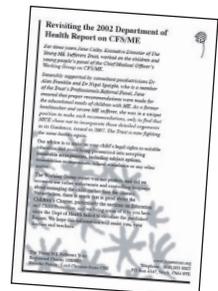
OUR RESEARCH : ME IS PHYSICAL LEARNING COMMITMENT AWARDS REVISITING THE DOH 2002 REPORT

occasion hosted by Lord Clement-Jones CBE, our Founder Patron. The Queen's Cousin, Lady Elizabeth Anson, who is also a Patron of the Trust, is again presenting the Learning Commitment Awards.

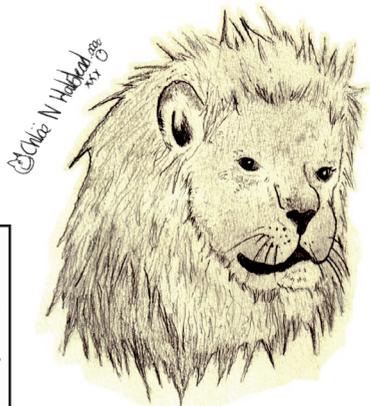
In this issue of Vision, we revisit the children's chapter of the 2002 Dept of Health Report on CFS/ME. The All Party Parliamentary Group on ME has accepted our suggestion that key recommendations of that Report which were not acted upon should be implemented. The APPG's Legacy Paper for future work includes the Trust's recommendations for reducing mistaken neglect or abuse allegations against parents of children with ME. Altogether, it's a busy time!

Kindest regards,

Keith Harley
Chair of Trustees



Things 4 U 2 Do



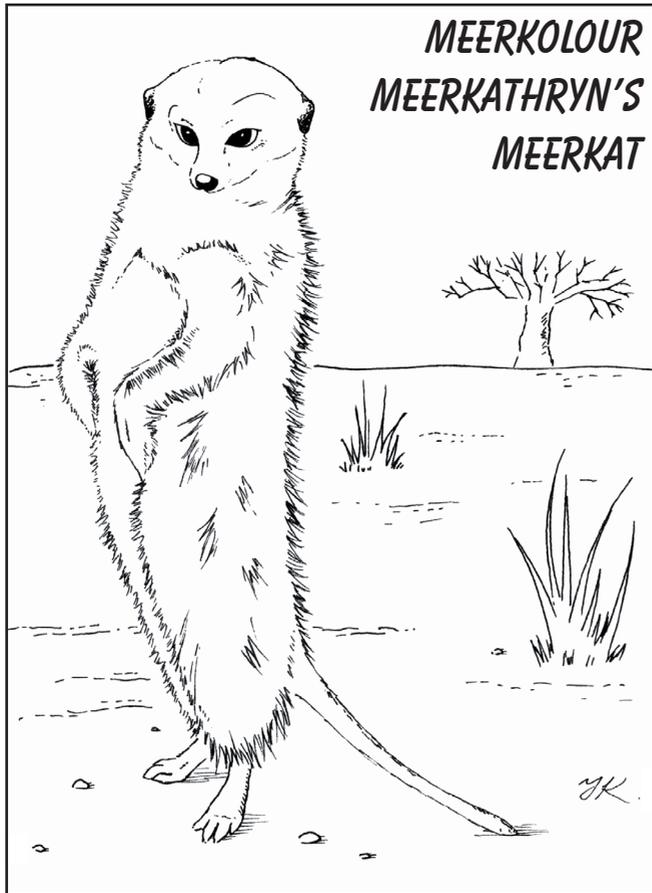
ROOOAAAAAR!

I'm a penguin.
Not really. I'm lyn'.

Sebastian Says

Lyn'. Lion. Get it? I'm so good at puns. I'm good at most things really. What are you specially good at? Poetry? Writing stories? Taking photos on your mobile? Talking to your local paper? I'm looking for more Tymes Trust Young Officers. It'd be great to have a Young Photographer, or Poet, or PR Officer... do as little or as much as you like,

whenever you like. Email me, or phone and talk to Jane. Don't be shy! You all have some special talent, I just know it...



**MEERKOLOUR
MEERKATHRYN'S
MEERKAT**

YEAR OF THE TIGER!

Join the name game to win Katie Durben's latest superb creation. See him in colour at www.tymestrust.org.



Send as many names as you like: use the website contact form, or write to *Name the Tiger* PO Box 4347, Stock, Essex, CM4 9TE.

Hi Jane and all at Vision.

Thank you.
Thank you.
Thank you so much for my Young Artist card. It's fantastic and has pride of place in my zebra purse!

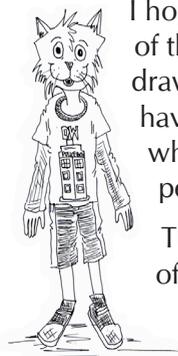
It's absolutely brilliant and I love it so much!

I've been feeling loads better recently - after having such an appalling bug for several months. I'm actually back to training for my English A level. Eek!

I hope you like the picture of the lion I drew. I've been drawing loads recently and have set up a small business which involves doing pencil sketches for people.

Thanks again. Every one of you are my friends.

Chloe Halstead
Young Artist



Thank you so much for the Tymes Trust Young Officer card! I was so thrilled and honored to receive it - it made my day :-)

I'm going to have the card laminated so that I can keep it on my beside table all the time. How lovely that there's space for a photo! That makes it even more special :-)

Here is the meerkat I drew for Vision. I hope you like it and that other Tymes members will enjoy it too.

Kathryn
Young Artist
Overseas

Young Arrrghartists!

The meerkat stood up straight and tall

He saw our Kathryn sketching.

He said: 'I am the best of axx

Because I am so fxxxxxxx.'

The lion answered in a huff,

He dropped what he was gnawing.

'I'm big and strong and really txxxxx

Just look at Chlo's dxxxxxx.'

Shannen laughed: 'You both look good!

Your pictures do you proud.'

The lion roared from where he stxxx

The meerkat merely bxxxxx.

Now Katie's tiger left his lair:

'I'm looking for a name.

You haven't seen one going spxxxx?'

'No. Let's pslay a gxxxx!'

Find the missing rhymes, one letter for each x. Line 1 rhymes with line 3, line 2 rhymes with line 4. Great prizes.

PARENTS ALERT! We know it gives young people a boost to get a surprise through the post. You can help with competitions if your child's too ill to do it by themselves. We select prizes so no-one's too young or too old to join in.



*News in the
Norwich area
More Support
Needed for
Children with ME*

*'There's claims
children with
ME in Norwich
aren't being taken
seriously. The
charity Young
ME Sufferers
Trust says the
illness [...] is often
misdiagnosed. And
they say many
schools and doctors
don't believe
patients - which
can then cause
them to relapse.'*

*4:39pm, 30th
April 2010*

*Jane was
interviewed on
Norwich Radio;
arranged by ME
Support Norfolk,
a Trust Regional
Partner Group*

*The red dress hangs in
the wardrobe; it hangs
in the cool dark recesses
glowing softly, its red
silkeness inviting a
look of admiration
or a caress of its folds,
a touch of longing.
Bought on an optimistic
day as a beacon of hope,
it hints at a future
that might be, where
all things are possible,
where life is lived in a
different world to the
one allotted. Where
people do simple things
without a thought,
walking, talking,
thinking, doing and
have happy times of
fun and laughter,
a place where red
dresses are worn...*



*Eilidh Hewitt,
for Sheena
House of Lords
display, May 12*

what you think

*One of the most valuable
things I've learned is to
listen to myself. I used to
hear this when I was young
and not really understand.*

ME made me understand.

*The effects of the ME
were so huge that I had
no choice but to listen to
my body. My muscles
and head were shouting
so loudly. I soon learnt to
trust my own judgement.*

*Shannen Dabson
Young Advocate*

*Shannen explains ME to
adults for us. She gave a
speech at the Royal Society
of Medicine. You can read
it at www.tymestrust.org.*

*Cover Picture : Hey
human! Why is you have
big black shiny nose with
mirror on end? Better is
little nose like me. Simples!*

*Parents : could you
be a friendly voice on
the telephone for two
hours a week? Please
call 0845 003 9002.*