What a momentous year 2010 is turning out to be! We hope you enjoy this photographic ‘special’.

If you receive our monthly email Alerts, you will know that the Trust has been given a great honour; the Queen’s Award for Voluntary Service: the MBE for volunteer groups. We attended the Queen’s Garden Party at Buckingham Palace, and in August, Lord Petre, Lord Lieutenant of Essex, presented us with a commemorative crystal and certificate signed by the Queen. This event at Ingatestone Hall, Lord Petre’s ancestral home, was attended by Sir John and Lady Carter, together with Trustees, volunteers and local families whom we have helped.

This summer we turned 21 years old, making us the longest established support organisation for children with ME and their families. Whilst ME is a horrible illness, it is certainly worth celebrating 21 years of people supporting one another. To mark the occasion, Jane gave a talk on viruses to an audience at Colchester.

And now the pioneering research that the Trust proposed and funded with ME Research UK is out. Our funds were raised by the 2001 Odyssey, a marathon solo horse-ride on a racing stallion from Lulworth Cove, Devon, to Scotland, culminating in a procession up the Royal Mile, Edinburgh. (Jane still recalls the fun and games she had getting permission for that!)

After many difficulties, the study is now published and the results are - that word again - momentous. Children with CFS/ME show evidence of persistent infection in their bodies. Email us via the Contact Us form at www.tymestrust.org for full details.

Kindest regards,
Keith Harley
Chair of Trustees

The Young ME Sufferers Trust
The Queen’s Award for Voluntary Service
The MBE for volunteer groups

Lord Petre, Lord Lieutenant of Essex, read the Queen’s decree and presented the commemorative crystal to Executive Director Jane Colby

Guests enjoyed afternoon tea at Ingatestone Hall

Jane read out a congratulations card from 8 year old William Dean

Volunteer Anita Williams with her daughter Isabella

Web designer Mark Colby, Lord Petre, Sir John and Lady Carter
Double Birthday

Vivienne at the Colchester ME Group lecture, with Jane and the celebration cakes. They are 20, almost as old as us (not the cakes...)!

See MiniVision in full colour at www.tymestrust.org/tymesmagazine.htm

Advice Line Team member Jenna Rogers with her father and Trustee Margaret Ross

Jane Colby with Dhruv Patel, CEO of the Nisai Virtual Academy

Jenna Rogers with Lord Petre; Vivienne and Jeanette Mills of the Colchester ME Group, a Tymes Trust Partner Group

Lisa Dabson, who proposed the Trust for the Award, with her daughter Shannen and Jane Colby; Lisa wrote about the Trust’s work and how we had helped her family

Double Birthday

Vivienne at the Colchester ME Group lecture, with Jane and the celebration cakes. They are 20, almost as old as us (not the cakes...!)
2010 Learning Commitment Awards

The Young ME Sufferers Trust and Nisai Virtual Academy work in partnership to enable young people with ME to achieve good qualifications studying at home; the GCSE and A Level results have been stunning. To recognise the great effort of those taking part, we created the Learning Commitment Awards. We are delighted that some of you were well enough to attend a presentation at the House of Lords on ME Awareness Day; parents collected the Awards for those who were unable to come.

A recording of Lady Elizabeth Anson’s presentation speech was given to all the winners.

Display of Trust members’ poetry and art.

Chair Keith Harley with Earl Howe, Health Minister and Trust Patron, Executive Director Jane Colby and Trust Founder Patron Lord Clement-Jones

Parents: could you be a friendly voice on the telephone for two hours a week? Please call 0845 003 9002.